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# AOFOG News



## President's Message

Another year has flown by and at the Action Plan Meeting in Colombo last week, the Executive Board and Committee....

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## Secretary General's Message

WE are fast approaching the end of yet another year. When we look back we feel satisfied that, AOFOG under....

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## ICOE Programmes



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ICOE Laos was held on the 5<sup>th</sup> – 6<sup>th</sup> of October 2018 in Vientiane



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ICOE Nepal was held on the 22<sup>nd</sup> & 23<sup>rd</sup> of November 2018 at the capital city of Kathmandu



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## Executive Board



### President

Ravi Chandran  
(Malaysia)



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Kazunori Ochiai  
(Japan)



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### Maternal & Fetal Medicine

Ounjai Koranantakul  
(Thailand)

### Oncology

Young Tak Kim  
(Korea)

### Reproductive Endocrinology & Infertility

Raymond Li  
(Hong Kong)

### Sexual & Reproductive Health

Rowshan Ara Begum  
(Bangladesh)

### Ultrasound-

Nelinda Catherine Pangilinan  
(Philippines)

### Urogynecology

Ching-Hung Hsieh  
(Taiwan)

### Fellowship selection

Rohit Bhatt  
(India)

## President's Message....

Dear Friends,



Another year has flown by and at the Action Plan Meeting in Colombo last week, the Executive Board and Committee Chairs met to take stock of our activities to date. Our involvement and engagement with member National Societies has no doubt improved but much remains to be done. Once again we encourage National Societies to write in to the Secretariat or directly to any member of the Executive Board or Committee Chair for any specific proposal or request.

Since our last Newsletter in September, the major event was of course the FIGO World Congress held in Rio in October. AOFOG had a symposium on "Looking Back / Moving Forward" in the Asia Oceania region and this was rather well attended. Many AOFOG members supported the Congress with the largest contingent coming from India (FOGSI) numbering just in excess of 1000. We look forward to similar strong support for our very own [AOFOG Congress](#) to be held in Manila from 10 – 14 November 2019.

The Philippine Obstetrical & Gynecological Society, as the host society, has been working very hard to ensure a good mix of scientific and social events that will satisfy everyone. For the very first time, the Congress will bring together the main players from the world body (FIGO), the Royal College of O&G UK (RCOG) and the American College of O&G (ACOG) to enhance the proceedings. Added to this mouthwatering mix will be a significant contribution from the World Health Organisation (WHO) which has its regional headquarters in Manila.

Details of the scientific programme will be released in stages from early 2019 but the Registration and Accommodation details are already available on the Congress website [www.aofog2019.com](http://www.aofog2019.com). We already have close to 1000 registrants and I would encourage you to avail yourself of the early bird offers.

As the curtain comes down on 2018 and we usher in 2019, I would like to take this opportunity to wish all of you a very Merry Christmas and best wishes for the New Year.

Warm regards,  
**Ravi Chandran**



## Secretary General's Message.....

We are fast approaching the end of a yet another year. When we look back we feel satisfied that, AOFOG under a new President Dr. Ravi Chandran, with his Executive Board and committee chairs with the collaboration of the council members & the member Societies have been able to do numerous programs across many member countries. Also the Secretariat and the Bank accounts were moved to Sri Lanka from Philippines during this year. It is pleasing to note that AOFOG has been able to develop a closer relationship with the member societies as well as the other International organizations such as the FIGO, SAFOG, & Aspire during this period.



I am happy that I was able to get back to routine activities during the last 3 months. We had sessions in National Society conferences and also Committee activities in various countries.

OGSM conference held on 26<sup>th</sup> to 29<sup>th</sup> July 2018. The AOFOG participation was highlighted in the September issue.

### FOCUS in O&G 2018 - Fertility, Obstetrics, Cancers, Urogynaecology and Endoscopy (FOCUS) in



O&G 2018 Congress was held at the Postgraduate Education Centre, Prince of Wales Hospital, Shatin of Hong Kong on 17 – 18 November 2018. The Congress was jointly organized by the Department

of Obstetrics & Gynaecology, Prince of Wales Hospital, the Chinese University of Hong Kong and the Obstetrical and Gynaecological Society of Hong Kong aiming to refresh and update recent advancement in O&G, Dr. Eva Chun Was Cheung And Dr. Kwok-Keung Tang co-chaired the organizing committee.

Dr. Vincent Yuk Tong Cheung, President of the Obstetrical & Gynaecological Society of Hong Kong organised an AOFOG session where Dr. Rohana Haththotuwa & Dr. Vincent were speakers. The highlight of the session was the inclusion of Past YGAs in the session. Past YGAs Dr. Dewantiningrum & Dr. Jasirwan both from Indonesia and Dr. Jenifer Ko from Hong Kong spoke in the session which was attended by Past YGAs from other countries including India and Hong Kong. We thank Dr. Vincent for helping the past YGAs to develop more interaction which has helped them to understand each other better and to learn from each other. **I invite other Societies also to have sessions involving YGAs to expose their skills.**

The conference was attended by more than 500 national and international delegates.

AOFOG sessions in National Society conferences arranged so far for the next year include Bangalore-India, Dhaka-Bangladesh & Yangon-Myanmar.



## ICOE programmes.

We were able to conduct two more programmes on Intensive Course in Emergency Obstetrics in [Laos](#) & [Nepal](#), in association with the Obstetrics & Gynaecology Society of Malaysia (OGSM). The courses have been very successful and well received by all the participants due to the commitment and the enthusiasm of the OGSM members who do this on a voluntary basis. The responses have been very encouraging and all have requested further programmes. In the last programme in Nepal the organisers added another item to the agenda where there was a discussion between AOFOG, OGSM members and members from Nepal O&G Society and Government health administrators. This discussion enabled them to discuss how this programme could be carried forward in the country so as to train other Doctors and health personnel.

**Workshop on Scientific Writing.** A workshop on Scientific Writing was organized by AOFOG in association with the Mongolian Federation of Obstetrics & Gynaecology was held on 4<sup>th</sup> & 5<sup>th</sup> of Sept 2018 at Ulanbataar, Mongolia. We are thankful to Dr. Tsedmaa Baatar, President MFOG, spearheaded the organising this first ever workshop on Scientific writing in Mongolia very successfully with around 60 participants. [Read more...](#)

## AOFOG Committee Activities

**Ultra Sound Committee** - Chaired by Dr. Nelinda Catherine of Philippines held two workshops.

1. **Workshop on “Obstetric Ultra Sound” was held at the Faculty of Medicine, Mother & Child hospital, Vientiane, Laos , in association with the Laos Association of Obstetrics & Gynaecology (LAOG) on the 16<sup>th</sup> & 17<sup>th</sup> July 2018.**

Objectives of the workshop were, to strengthen the knowledge and skills of OB GYN in relation to ultrasound prenatal screening for fetal malformations, early detection for preeclampsia and fetal anemia by Doppler ultrasound & to conduct hand-on practice on obstetrics ultrasound.

25 Laotian Obstetrician & Gynaecologists & 35 OB-GYN residents participated in the theoretical part only. Dr. Alongkone Phengsavanh, Dr. Phouthalat Panyasith, Dr. Duangphachanh Xaysomphou of LAOG facilitated the event and Dr. Nelinda Catherine L. Prerez-Pangilinan (Philippines) & Prof. Ounjai Kor-Anantakul (Thailand) were the resource persons from AOFOG. Our thanks go out to all of them.

2. **Workshop on “Doppler ultra sound in Obstetrics” was organized in association with Myanmar O&G Society on the 1<sup>st</sup> & 2<sup>nd</sup> of Oct. 2018 in Central women’s hospital, Yangon Myanmar.** The objectives of this workshop were to reinforce knowledge of normal and abnormal ultrasound features in the first and second trimester scans and to understand Obstetric Doppler findings in normal and complicated pregnancies. 24 delegates including Consultant Obstetricians & Gynaecologists, O&G residents, Medical students and 1 radiologist were participated. Dr. Nelinda was the AOFOG Resource person and Prof. Aye Aye Thein, General Secretary of Myanmar O&G Society Co-organized the event. Answering the post workshop evaluation form 92% of the participants felt that the Workshop was excellent.

## Reproductive Endocrinology & Infertility Committee.

1. **Survey on ART in AOFOG region** - A survey on the status of assisted reproductive technology (ART) activities in the Asia and Oceania region has been completed in 2017. It showed a great diversity in the availability of various forms of ART treatments, their regulations and data-monitoring mechanisms, as well as funding issues, among various countries in our region. It also showed that availability of ART activities involving donor gametes or surrogacy, or those for non-heterosexual unions, is still limited in most countries of the region.

This survey was published in the JOGR Sept. 2018 issue and you could use URL below to link to the article on AOFOG site.

<https://obgyn.onlinelibrary.wiley.com/doi/10.1111/jog.13742>

2. **AOFOG Update Course on Evidence-Based Infertility Care** - The course, first of its kind, was held on 24-25<sup>th</sup> November, 2018 in the Main Campus, The University of Hong Kong, Hong Kong. This was co-organised with The Obstetrical and Gynaecological Society of Hong Kong and the Department of Obstetrics & Gynaecology, The University of Hong Kong. Speakers included Prof. Ying Cheong (UK), Prof. William Ledger (Australia), Prof. HN Ho (Taiwan), Dr. Suphakde Julavijitphong (Thailand), as well as other local speakers from Hong Kong.



It was attended by 66 delegates from both Hong Kong and other Asian-Oceanic countries. This two-day programme was aimed at providing the audience an updated evidence based view on various aspects of infertility assessment and work-up, discussing on the uses and misuses of various methods of infertility treatment, consolidating our awareness about the potential complications of various infertility treatment methods, and providing an update on new developments in reproductive technology such as pre-implantation genetic testing and fertility preservation.

## Oncology Committee

**2nd KSGO-AOFOG Young Gynecologic Oncologists Program:** This Programme between the Korean Society of Gynaecologic Oncology & AOFOG was initiated last year by Prof. Young Tak Kim as the President of the KSGO & Chair, AOFOG Oncology Committee. Applications are called from Young Gynaecologic Oncologists in the AOFOG member countries and five are selected for the programme. The 2<sup>nd</sup> programme was held from 22<sup>nd</sup> to 28<sup>th</sup> Oct 2018 in Seoul, Korea.



Five selected young Gynaecologists this year were,

- 1) Sabrina Kadir- National Institute of Cancer Research & Hospital, Bangladesh
- 2) Ranka Kanda- Teikyo University, Japan
- 3) Chan Myae Win- Mandalay University, Myanmar
- 4) Chueh-Yi Huang- Mackay Memorial Hospital, Taiwan
- 5) Athithan Rattanburi- Prince of Songkla University, Thailand



This year in addition to visiting major hospitals in Korea they were able to participate for the 24<sup>th</sup> Annual Symposium of KSGO on 26<sup>th</sup> Oct. 2018. In the AOFOG session, Titled: Management of Recurrent Endometrial Sarcoma was spoken by Dr. Sabrina Kadir from Bangladesh. This session was well attended with about 200 Gynaecologic Oncologists.

### AOFOG participation in the FIGO congress in

**Rio:** AOFOG had a very successful session titled, **Looking back, Moving forward (Asia Oceania Region)** at the FIGO congress in Rio which was well attended. Speakers were Dr. Kurian Joseph, Past President of AOFOG, Prof. Y. T. Kim, Chair Oncology Committee and Prof. Tsung Hsein Su, Treasurer.



AOFOG also had a booth in the Exhibition area promoting

[AOFOG 2019 Congress](#) which will be held in Manila,

Philippines in November 2019. Dr. Christia Padolina is the organizing Chairperson of the congress and her team is thanked for organizing the booth and running it.

### Nepal Earthquake relief fund of AOFOG.

Following the earthquake disaster in Nepal AOFOG established an earthquake relief fund. Through this fund AOFOG has been financing NESOG to reconstruct a damaged birthing center and equip it. The work is in progress and is nearing completion as shown in the pictures. I wish to thank again all the member societies and individuals who contributed to this worthy cause.



Finally I take this opportunity to wish everyone a Merry Christmas & a Happy New year.....!!!

Rohana Haththotuwa.





## Intensive Course of Obstetric Emergencies - Laos

5<sup>th</sup> & 6<sup>th</sup> of October 2018

The 3<sup>rd</sup> Intensive Course of Obstetrics Emergencies Laos was held on the 5<sup>th</sup> - 6<sup>th</sup> of October 2018 in Vientiane, the capital city of Laos, in collaboration with Laos Association of Obstetrics and Gynecology (LAOG), Obstetrical & Gynecological Society of Malaysia (OGSM) and Asia Oceania Federation of Obstetrics and Gynecology. Laos or officially known as the Lao People's Democratic Republic is the only landlocked country in South East Asia bordered by Myanmar, China, Thailand, Cambodia and Vietnam with a population of 6.8million people. The maternal mortality trend favored post-partum hemorrhage, preeclampsia and sepsis with a ratio of 138 per 100,000 live births in 2017.



The teaching faculty consist of Malaysian team Dr. Thaneemalai, Dr Patircia Lim Su-Lyn, Dr. Alysa and sister Parimala a midwifery trainer. The team left Kuala Lumpur via Bangkok to reach Vientiane. The pre-course set up was held at the course venue an annexe to the Mittaphab hospital lead by Malaysian team and the team of Laotian trainers. A short briefing was done regarding the lectures and breakout stations the next day as well as a run through on the pre-

course skills and knowledge test.

There were a total of 27 participants, ranging from senior Consultants to newly graduated specialist. The course was inaugurated by Prof. Alongkone, the Vice Dean of the University of Health and Sciences, Laos. He elaborated that the Laos continuing medical training has incorporated the ICOE as part of their Comprehensive Emergency Obstetrics and Newborn care module, an important decision for Laos. He then welcomed the Malaysian ICOE team. Dr. Thaneemalai Jeganathan AOFOG representative briefed the participants on the role of AOFOG in reducing maternal mortality in the regional countries.



The entire course was conducted mainly in Laos as it was highlighted that many did not speak English fluently, in fact with the past French influence many could speak French better than English. Hence it was very enlightening to see the local trainers in full force giving lectures in their native language. For the other lectures that were given by our Malaysian team, it was then translated for the benefit of all.

The breakout stations were conducted with the Malaysian trainers leading the first round followed by the enthusiastic Laotian trainers for the subsequent breakouts. As a Laotian proverb go “You know you teach, you do not know you learn.” The Laos team had purchased 2 Prompt mannequins, 2 mama ‘Natalies’ and an intubation mannequin. This helped in reduced transportation of mannequins from Malaysia. The feedback for the first day was positive, with everyone being enthusiastic and happy to have learned the proper techniques of cardio pulmonary resuscitation and uterine bimanual compression and in addition to be able to train on team management.

The second day of the course started early at 8am with the IT feedback using the Mentimeter. The lectures went on with full interest and participation from the participants asking questions. Breakout stations were very interesting particularly the “How to do a Drill” station with participants making their own makeshift balloon catheter tamponade to elevate the fetal head in cord prolapse. In addition, the complicated caesarean section, malpresentation and second stage station. At the closure, post course knowledge and skills test were carried out, which reflected on improved skills and knowledge. The participants particularly enjoyed the video capturing the two days on intensive course and certainly will remember the skills highlighted to them over than weekend.



Overall, the ICOE in Laos was a success which benefitted all the participants. As a fellow trainer it is very refreshing to see the enthusiasm from the local Laotian team, first with their commitment by purchasing their own mannequin and second by the force of all the trainers even those who were not involved but previously trained, coming in to show their support.

**Dr. Patricia Lim Su-Lyn**

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## Intensive Course of Obstetrics Emergencies - Nepal

22<sup>nd</sup> & 23<sup>rd</sup> of November 2018



The Intensive Course of Obstetrics Emergencies Nepal was held on the 22<sup>nd</sup> & 23<sup>rd</sup> of November 2018 at the capital city of Kathmandu, in collaboration with Nepal Society of Obstetrics and Gynaecology (NESOG), Obstetrical and Gynaecological Society of Malaysia (OGSM), National Health Training Center (NHTC), Government of Nepal and Asia Oceania Federation of Obstetrics and Gynaecology. Nepal, officially the Federal Democratic Republic

of Nepal is a land locked country in South Asia. It is located mainly in Himalayas with a population of



26.4million people. The maternal mortality and leading causes were post-partum hemorrhage, preeclampsia and sepsis with a ratio of 258 per 100,000 live births in 2015.

The team members were Dr. Gunasegaran PT Rajan, Dr. Thaneemalai Jeganathan, Dr. Njoo Thwan Bing, Dr. Muniswaran, Dr. Voon Hian Yan, Dr. Eliza Mohd Noor and Dr. Angela. The trip to Nepal started with a meetup of all team members from Malaysia at Kuala Lumpur International Airport at 0600H on 20<sup>th</sup> November 2018. The team members apart from Kuala Lumpur, also flew in from Johor, Kuching, Kota Kinabalu and Australia. The check in was smooth, breakfast was as usual in airport with coffee/tea, eggs and toasts. Off we fly in Malaysia Airlines to Nepal on a 4 hours 45 minutes trip. Upon arrival at Tribhuvan Terminal, Nepal International Airport, Kathmandu at 1230H.

Ms. Shikka from NESOG met us at the hotel, we made our way to Kathmandu Medical College for the setup of the course by 1500H. The venue was quite spacious with three rooms available for stations, one room for equipment storage and one room for lectures. After a short introduction and meet up with the Principal and HOD of O&G of Kathmandu Medical College from the Nepal organizing team, we set out to prepare the stations and the rooms. Day light is short during winter period, and before we know it, sunset came fast by 5.30 pm and weather plummeted down to 13 degrees on the first night out in Kathmandu. Team met up before retiring to bed for finalization and making sure each knows their roles in the course.

22<sup>nd</sup> November, after breakfast we headed to Kathmandu Medical College by 0715H. Upon reaching, we rechecked the stations. Morning kicked off with pre-course knowledge and skills test for 24 participants consisting of trainees, Specialists and consultants. The course was inaugurated and welcome speech was delivered by Dr. Kusum Thapa, President, NESOG. Dr. Rohana Haththotuwa, Secretary General of AOFOG spoke about the role of AOFOG in reducing maternal mortality in the regional countries. Mr. Jalak Sharma Poudel Director, National Health Training Center (NHTC), Government of Nepal insisted on continuous skills training of midwives and doctors to improve the maternity services in Nepal. Thereafter there was introduction of ICOE team members and welcoming gifts of scarfs and group photo was taken.



The course proper started off at 0945H and the day went by very quickly as we had a very tight schedule to follow and time was precious. We managed to cut short the lunch hour but not compromising the course quality and finished at 1830H which was one hour behind schedule. But every one of the participants were enthusiastic and energetic, giving their full attention until the end of the day. Day 1 of course ended with Nepal team bringing us to dinner in Wunjala Moskva Restaurant which was a beautiful set with tables in balconies surrounding a stage where traditional performances were held to entertain the diners. There were Prayer Dance, Dhinnale Sintan, Manjushree Dance, Peacock Dance, Lakhe Dance, Stick



Dance and Elephant Dance. Dinner was served with multiple entrees of local delicacies and by the time the main dish was served, we were all quite stuffed!



Day 2 of course started on an automated mode as we were well versed into the place and settings by then. Course went by smoothly without much glitches this time and some stations participants ended up really enjoying themselves with the simulated patients. Nepal participants had no problem with language barrier as they can mostly converse in good English. We did notice a few major differences in management ie Mgso4 loading is 14g in total in Nepal (nationwide guideline) which consist of 10g IM and 4g IV. Most have never seen a kiwi cup and

therefore they were quite interested in trying out the kiwi cup at the station. They have their own balloon catheter called Uterine Balloon Tamponade (UBT) in place of Bakri balloon; and most were pleasantly thankful for the difficult Caesarean delivery station.

There was a new itinerary on the schedule in addition to the course which was a panel discussion incorporating NESOG, AOFOG and OGSM on the topic of integrating emergency skills in Nepal which consisted of presentation, participants interactive session using IT to tabulate participants input then response from fellow panel experts. This was an interesting hour and generated quite good responses. The course ended with positive feedback from the participants. And we identified the participants whom were to be selected to be future ICOE trainers in the next TOT session.

**Dr. Chin Yeung Sing Angela, OGSM.**

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## Research publication workshop - Ulaanbaatar, Mongolia

September 4<sup>th</sup> & 5<sup>th</sup>, 2018

Course was designed to focus on issues on research methodology, and steps in publication process and provide some useful tips on how to write a good paper and publish it in the most relevant journals. This 2 days course aims to familiarize workshop participants with the principles of evidence-based medicine (critical appraisal of the medical literature) and how these are employed in medical publishing.

### Course objectives were:

- To provide useful tips on How to write a good paper.
- Familiarise with Core outcomes in women's health and Understanding peer review process.
- To introduce participants with Journal metrics and presenting data.
- Learn about preparation of a manuscript and its editorial assessment.

The course was organised with technical and financial support from AOFOG and MFOG in collaboration with center for health development. Prof. Khalid Khan, Queen Mary University of London, UK and

Ms. Sasaki, Publisher, Research, Wiley were main facilitators of the course and provided with updated lectures on research methodology and publication with peer reviews.

### Learning/Teaching Methods

For each one of the teaching sessions, lectures on understanding the methodological principles and small group work on critical appraisal of published papers and editing of manuscripts were applied.

The course materials were, provided by facilitators was translated into Mongolian and disseminated through Dropbox. During the course participants had an opportunity to practice to evaluate the scientific papers and use of review tips into the action. At the end of the course, the feedback was provided by participants using the standard forms. The knowledge on research methodology and peer review process was improved significantly compared to pretest (32.4% vs 67.1%).

**Course outcome:** This was the first workshop on research publication with international experts. At the end of the workshop the participants were expressed their gratitude to organizers and requested to organize such courses annually to support young researchers.

Participants were comfortable with:

1. Designing of research project and use of literature reporting guidelines.
2. Assessing and transparently reporting the quality (validity) of primary research and systematic reviews (meta-analyses) on diagnosis or therapy.
3. Using clinically meaningful measures of diagnostic accuracy and therapeutic effect.
4. Enhancing applicability of research findings in clinical practice.
5. Preparing the manuscript for publication and selecting good journals for publication.

**Dr. Tsedmaa Baatar**, President MFOG.

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## Future Events

### 1. AICOG 2019, Bengaluru, India. 8<sup>th</sup> - 12<sup>th</sup> Jan 2019.

AOFOG Session 10<sup>th</sup> Jan 2019.

Chairpersons - Dr. Ravi Chandran & Dr. Rohana Haththotuwa

1. Updates in screening for Ovarian Cancer - Prof. Hiralal Khonar (India)
2. Controversies in Endometrial Cancer - Prof. Kaz Ochiai (Japan)
3. Cervical Cancer Surgery - Prof. YT Kim (Korea)

### 2. AOFOG Session at 27<sup>th</sup> International Conference of OGSB, Dhaka, Bangladesh.

1<sup>st</sup> & 2<sup>nd</sup> Feb 2019.



3. [Adolescent & Sexual Health Symposium, Kolkata, India](#)

3<sup>rd</sup> Feb 2019.

Theme: "Adolescence - Making Growing Up Good"

<http://www.bogs.org.in/>

4. **Minimally Invasive Gynaecological Surgery – 2<sup>nd</sup> Workshop,**

University of Medicine 2, Yangon, Myanmar.

22<sup>nd</sup> Feb 2019.

5. **National Congress of Myanmar O&G Society, Yangon, Myanmar.**

23<sup>rd</sup> & 24<sup>th</sup> Feb 2019.

**Theme "Ensuring safe practice in O&G".**

**AOFOG Session: Safety in O&G Practice (1.5 hours)**

Chairs: Dr. Ravi Chandran (President) / Dr. Rohana Haththotuwa (Secretary General)

1. Safety in MIGS - Prof. Masaki Mandai (Japan)
2. Safety in Ultra sound - Dr. Nelinda Catherine Panginan (Philippines)
3. Safety in Ovulation induction - Dr. Parveen Fatima (Bangladesh)

6. **AOFOG Session at 58<sup>th</sup> Annual Congress of Taiwan Association of O&G,** Tayih Landis Hotel, Tainan, Taiwan.

March 9<sup>th</sup> (Sat) -10<sup>th</sup> (Sun), 2019.

7. **SAFOG Conference, Dhaka, Bangladesh - AOFOG Session "Adolescent Health"**

On 5<sup>th</sup> April 2019 at 9.45am to 10.30pm at Hall A.

- Overview of Adolescent Health in SAFOG region.
- Obesity in Adolescent – where are we heading to?
- Genital tract abnormalities in young /NCD in Adolescents.
- Adolescent Pregnancy-the hard reality in the SAFOG region.

8. **AOFOG SYMPOSIUM AT JSOG 2019**

**Theme: Updates in Maternal Fetal Medicine.**

Date and Time: 13 April (Sat.) 1420H -1620H.

Venue: Hall No.5 (International Conference Room) Nagoya International Conference Centre.

**Chairs: Dr Rohana Haththotuwa and Prof. Yoshiki Kudo.**

**Opening Remarks - AOFOG President - Dr. Ravi Chandran**

**JSOG Chairman - Prof. Tomoyuki Fujii**

- i. **Halting rising CS rates - Speaker: Prof Pisake Lumbiganon (Thailand).**  
CS rates have been skyrocketing worldwide. Can we do something about it?
- ii. **Preventing Preterm Deliver - Speaker: Prof Ounjai Koranantakul (Thailand).**  
PTD continues to account for a significant proportion of perinatal mortality and morbidity. Are there new thoughts on prevention?
- iii. **Routine induction of labour at 39 weeks - Speaker: Dr Ravi Chandran (Malaysia).**  
Traditionally, in the absence of maternal-fetal indications, IOL is undertaken between 41 - 42 weeks. Recently there have been calls for routine IOL at 39 weeks. Are we ready to make this change?
- iv. **Ultrasound diagnosis of fetal anomalies in the first trimester - Speaker: Prof. Takao Sekiya (Fujita Health University).**  
With improving resolution and better understanding of embryonic development, this hitherto infantile field is yielding surprising results.

### Panel discussion & Closing Remarks - President Elect AOFOG, Prof. Kazunori Ochiai.

9. AOFOG Session at **NESOG International Conference in Katmandu, Nepal.**  
13th and 14th of April 2019.

10. AOFOG Session in **ASPIRE 2019** in Hong Kong.

2<sup>nd</sup> to 5<sup>th</sup> May 2019.

**Theme: Polycystic ovary syndrome.**

- i) Metabolic profile in Asian women with PCOS - Prof. Hong Nerng Ho, (Taiwan)
- ii) Ovulation induction strategies in PCOS - Prof. William Ledger, (Australia)
- iii) AMH and PCOS - Dr. Raymond Li, (Hong Kong)

Chairpersons: Dr. Rohana Haththotuwa & Dr. Jaydeep Tank

## Adolescent & Sexual Health Symposium, Kolkata, India

**Adolescent Sexual & Reproductive Health Symposium 2019**  
Sunday, 03 February 2019 | ITC Society, Kolkata

**Organized by:**  
Society of Adolescent Reproductive Health (SARH) Committee of the  
Asian College of Obstetrics & Gynecology (ACOG) & AOFOG  
In collaboration with:  
The National Council of Educational Research & Training (NCERT)  
The National Council of Educational Research & Training (NCERT)

**Sponsored by:**  
The President of AOFOG & AOFOG Committee of India (AOFOG-CI)  
The President of AOFOG & AOFOG Committee of India (AOFOG-CI)

**Speakers:**  
Dr. Ravi Chandran, Malaysia  
Dr. Ravi Chandran, Malaysia  
Dr. Ravi Chandran, Malaysia  
Dr. Ravi Chandran, Malaysia  
Dr. Ravi Chandran, Malaysia  
Dr. Ravi Chandran, Malaysia  
Dr. Ravi Chandran, Malaysia  
Dr. Ravi Chandran, Malaysia  
Dr. Ravi Chandran, Malaysia  
Dr. Ravi Chandran, Malaysia

**Program highlights:**  
• Reproductive health education  
• Reproductive health education  
• Reproductive health education  
• Reproductive health education  
• Reproductive health education  
• Reproductive health education  
• Reproductive health education  
• Reproductive health education  
• Reproductive health education  
• Reproductive health education

**Delegate Registration Fee:**  
From 15/01/2019 to 01/02/2019: **INR 1000**  
From 01/02/2019 to 01/03/2019: **INR 1500**  
From 01/03/2019 to 01/04/2019: **INR 2000**  
From 01/04/2019 to 01/05/2019: **INR 2500**  
From 01/05/2019 to 01/06/2019: **INR 3000**  
From 01/06/2019 to 01/07/2019: **INR 3500**  
From 01/07/2019 to 01/08/2019: **INR 4000**  
From 01/08/2019 to 01/09/2019: **INR 4500**  
From 01/09/2019 to 01/10/2019: **INR 5000**  
From 01/10/2019 to 01/11/2019: **INR 5500**  
From 01/11/2019 to 01/12/2019: **INR 6000**  
From 01/12/2019 to 01/01/2020: **INR 6500**

## Ride with us to the AOFOG Congress 2019 in Manila



### Mabuhay..!

The **Philippine Obstetrical and Gynecological Society (Foundation), Inc.** is proud and honored to host the prestigious **26<sup>th</sup> Asia and Oceania Federation of Obstetrics and Gynecology Congress** scheduled to take place in **Manila, Philippines** from **November 10<sup>th</sup> to 14<sup>th</sup>, 2019**. This coincides with our **2019 Annual Convention and our 73<sup>rd</sup> Anniversary Celebration**. Our theme: *"Strengthening the Road to Women's Health Reaching New Heights."*



The AOFOG Congress 2019 will be held at the **Philippine International Convention Center (PICC)**, an architectural landmark in the heart of the capital city of Manila. We are expecting guests from and beyond the Asia and Oceania region as we anticipate over 5000 delegates. The Speakers' Hotel will be at the **Sofitel**

**Philippine Plaza Manila**, a 5-star luxury resort hotel conveniently located near the PICC.

The **AOFOG Congress scientific sessions** will center on conventional and likewise controversial approaches to women's health. Listen to the AOFOG President's Lecture by Prof. Ravi Chandran, the CT Hsu Memorial Lecture of Prof. Neville Hacker and the Shan S. Ratnam Oration by Professor Walfrido Sumpaico. Professor Haywood Brown will deliver the Malaysia Lecture. Other invited plenary speakers include Professor Michael Robson who will discuss achieving an appropriate cesarean section rate while Professor Liona Poon



Plenary Hall, PICC



will discuss preventing preeclampsia. Prof. Sabaratnam Arulkumaran will join us to present innovative strategies in the prevention of postpartum hemorrhage while Professor Mario Festin will cover the topic on the global health perspective of saving mothers. Moreover, battling endometriosis will be discussed by Prof. Tasuku Harada. We look forward to the stimulating simultaneous sessions, interesting free communications as well as the well-formulated debate sessions.



Join us as we **celebrate and feast together** in the exceptional amalgamation of cultures and adventures, traditions and ambitions, history and mystery amidst the signature gracious and heartfelt warmth of the Filipino hospitality. Experience the magnificent Manila Bay sunset as it leads us to the President's Night and celebrate "One Asia Oceania." Rejoice during the Fellowship Night as we celebrate a "Festival of Festivals" - Festival of Lights, Festival of Colors, Festival of Music and Motion and Festival of Taste!



The Subcommittee on **Accommodations** has initially tapped eight partner hotels for all accommodation needs at special congress rates. You may choose from any of the Congress' partner hotels: Sofitel Philippine Plaza Manila, Century Park Hotel, Conrad Manila, Diamond Hotel Philippines, Hotel 101 Manila, Hotel Jen, Pan Pacific Manila and The Manila Hotel. More partner hotels will be announced soon.

The Subcommittee on **Hospitality and Tours** has prepared "Day Tours" and "Explore Tours." We will take you on a day trip through the Walled City of Intramuros and also visit the island fortress of Corregidor. We will lead you to escape to Tagaytay for a relaxing retreat away from the busy metropolis to enjoy a day of pampering and wellness. We invite you to explore Cebu, the Queen City of the South and also discover the little paradise of Bohol. Explore the most beautiful world-renowned islands of Palawan and Boracay too.

Visit our website at [www.aofog2019.com](http://www.aofog2019.com) and register now.

*Ride with us. See you in Manila!*

## From the Journal of Obstetrics and Gynecological Research (The AFOG Journal)

Issue 12 Editor's choice articles are below.

### Invited Manuscript

#### [Reevaluation of intrapartum fetal monitoring using fetal oximetry: A review.](#)

Toshiyuki Uchida, Naohiro Kanayama, Kenta Kawai, Mari Mukai, Kazunao Suzuki, Hiroaki Itoh, Masatsugu Niwayama.

Pages: 2127-2134 | First Published: 06 August 2018.

### Original Articles

#### [Effect of vaginal washing before intravaginal dinoprostone insertion for labor induction: A randomized clinical trial.](#)

Çigdem Yayla Abide, Meryem Kurek Eken, Enis Ozkaya, Ilter Yenidede, Evrim Bostanci Ergen, Cetin Kilicci, Ilhan Sanverdi, Mustafa Eroğlu.

Pages: 2149-2155 | First Published: 10 August 2018.

#### [Motor blocks and operative deliveries with ropivacaine and fentanyl for labor epidural analgesia: A meta-analysis.](#)

Yang Zhang, Qing-Rong Qin, Liang-Tu Hui.

Pages: 2156-2165 | First Published: 06 August 2018.

JOGR issue 12 has been published, and Editor's choice also has been updated.

<https://obgyn.onlinelibrary.wiley.com/toc/14470756/current>

We hope these articles will be useful as references and updates for our members.



*Prof. Kiyoko Kato*  
*Editor-in-Chief, JOGR*

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